

Sundance Taekwon-Do presents...

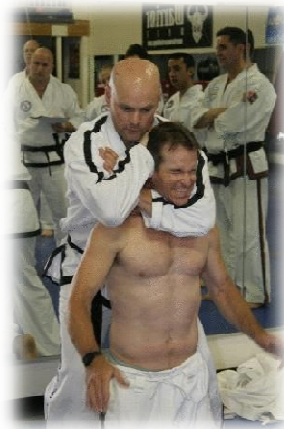
Civilian Defensive Tactics

You will learn...

- Pre-Conflict and Avoidance Strategies
- Empty Hand Street Defence
- Edged Weapon Defence (Knife)
- Stick Defence (Arnis)
- Escapes from various Street Holds
- Takedown and control techniques
- Survival on the ground



Note: This is **BRAND NEW MATERIAL**.
This is **NOT** the same course as last time



Featuring **Dana Johnson** of Essential Strategies Systems

- PPCT/ Defensive Tactics Instructor
- Self-Defense Expert
- Unarmed Combat Instructor
- Former member of the Canadian Airborne Regiment (3CDO)
- 6th Degree TaeKwon-Do
- 3rd Degree Ju-Jitsu
- Arnis (stick and knife) Practitioner (Estocada System)
- Certified Peace Officer

Where: Sundance Taekwon-Do
(#6 – 100 Kal Lake Road)

When: Sunday, June 21st, 2009
11:30 – 3:30

Cost: \$65.00 per person
(includes a set of Escrima sticks (\$30 Value), and a participation certificate)

